

FLEXTEND Loss Prevention Programs

Let BSI help you save thousands of dollars in losses resulting from worker's comp claims, injured worker retraining costs and other costs associated with carpal tunnel syndrome and repetitive strain injuries of the upper extremities. (BSI works in conjunction with IHHP to provide these corporate services.)

The cost of FLEXTEND is less than 1% of the average cost of a repetitive strain injury claim.

1. **BASIC:**

1. **Direct Product Purchase from Balance Systems, Inc. - Price as scheduled.**
 2. **Implement Corporate Exercise Program without extended assistance.**
 3. **Allocate Flexextend to "At-risk" employees.**
 4. **Briefly educate on product and simple exercises.**
 - A. (Exercises: 5-10 min./day, 3-5 days/week).
 5. **Monitor results: Brief**
 - A. Increase in health/wellness of employees
 - B. Decrease in Workman's Comp. claims
 - C. Increase in productivity
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II. COMPLETE:

1. **Contact For Pricing - Price as scheduled.**
 2. **Implement Corporate Exercise Program with assistance.**
 - A. Phone-national / In Person-local, unless otherwise agreed.
 - a. Briefly Evaluate existing problems and vulnerable departments.
 - b. Allocate Flextend to "At-risk" employees.
 - c. Briefly educate on product and simple exercises.
 1. (Exercises: 5-10 min./day, 3-5 days/week).
 3. **Monitor results: Brief**
 - A. Increase in health/wellness of employees
 - B. Decrease in Workman's Comp. claims
 - C. Increase in productivity
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III. COMPLETE PLUS:

1. **Contact for Pricing - price as scheduled.**
2. **Implement Corporate Exercise Program with assistance. Phone-national / In Person-local, unless otherwise agreed.**
 - A. Evaluate:
 1. Number of Carpal Tunnel Syndrome and Repetitive Strain injury claims reported within the past 3 years.
 2. What departments are most vulnerable.

3. Percentage Breakdown of Department injuries / sick leave days, to assist most critical areas of concern.
- B. Highlight:
1. "At-risk" employees within Corporate structure.
 2. Who would benefit most from using Flexextend.
 3. Specific programs to be implemented.
- C. Develop:
1. An avenue to issue Flexextend to employees.
 2. An avenue to educate employees about the proper uses of Flexextend.
- D. Monitor results: Brief
1. Increase in health/wellness of employees
 2. Decrease in Workman's Comp. claims
 3. Increase in productivity
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IV. **EXTENDED SERVICE:**

1. **Contact for Pricing - Price as scheduled.**
 2. **Implement Loss Prevention Program with extended assistance.**
- A. Evaluate:
1. Number of Carpal Tunnel Syndrome and Repetitive Strain injury claims reported within the past 3 years.
 - a. Average amount of work days lost per person.

- b. Number of individuals on Workers Compensation / Disability Leave.
 - c. Number of people who had to undergo job retraining / placement.
 - d. Average cost per person, estimated from assessing previous questions.
2. What departments are most vulnerable.
- a. Manufacturing
 - b. Clerical
 - c. Service
3. Percentage Breakdown of Department injuries / sick leave days, to assess most critical areas of concern.
- B. Highlight:
- 1. "At-risk" employees within Corporate structure.
 - a. Implement objective and subjective testing,
 - b. Establish preventative measures to ensure employee health.
 - 2. Who would benefit most from FLEXTEND.
 - 3. Specific programs to be implemented.
 - a. Light repetitive work.
 - b. Heavy lifting, working with tools, etc.
- C. Develop:
- 1. An avenue in which to issue FLEXTEND to employees, as part of an Injury Prevention Program.
 - 2. An avenue to educate employees.
- D. Implement:

1. A brief class/seminar, to educate employees on quick, simple exercise programs.
 - a. using FLEXTEND 5-10 minutes a day, 3-5 days per week.
 2. Evaluation of progress and overall satisfaction with program.
 - a. Objective testing every two weeks grip strength, range of motion, endurance, flexibility.
 - b. Subjective testing every two weeks: 11 questions that have proven to reveal positive/negative results, based on a point system.
 3. Monitor Results/Progress:
 - a. Increase in health/wellness.
 - b. Decrease in Workman's Comp. claims.
 - c. Increase in productivity.
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FLEXTEND Loss Prevention Programs

Price Schedule

Contact for Pricing